



Name: _____ Date: _____

Tiger Express C.A.R.E. Report

(Grades 6-7-8)

(To be completed by student, then returned to the Tiger Express box.)

Describe what happened: _____

Your Feelings:

How did you feel during the incident? _____

Why? _____

What were good choices and what were bad choices in how you acted?

Controlling Yourself:

How much control did you feel you had over yourself during the incident?

Your Plan:

What will you try to do if this happens again? _____

Other's Feelings:

How do you think the other person(s) felt during the incident?

Handling the Situation:

What would be some fair ways to solve this incident? _____

(For additional comments use the reverse side.)

Student Signature: _____

Principal Signature: _____

Date: _____